

Name of Sponsor: Klinik für Herz- und Kreislauferkrankungen Deutsches Herzzentrum München Klinik an der Technischen Universität München Lazarettstr. 36 80636 München Germany	Name of Finished Product: Brilique	Name of Active Ingredient: Ticagrelor (CAS number 274693-27-5)
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Synopsis of Final Study Report

(according to ICH Topic E3 Structure and Content of Clinical Study reports – Annex I)

Title of Study: A Randomized, Parallel Group, Double-Blind, Study of Ticagrelor Compared with Aspirin for Prevention of Vascular Events in Patients Undergoing Coronary Artery Bypass Graft Operation TiCAB– Ticagrelor in CABG
Investigators and Study Centers: Deutsches Herzzentrum München Klinik an der Technischen Universität München Klinik für Herz- und Kreislauferkrankungen Lazarettstr. 36 80636 München Investigator: Prof. Dr. Heribert Schunkert Universitätsklinikum Aachen Klinik für Thorax-, Herz- und Gefäßchirurgie Pauwelsstr. 30 52074 Aachen Deutsches Herzzentrum Berlin Klinik für Herz-, Thorax- und Gefäßchirurgie Augustenburger Platz 1 13353 Berlin Charité-Universitätsmedizin Berlin Klinik für Kardiovaskuläre Chirurgie Charitéplatz 1 10117 Berlin Gesundheit Nord gGmbH Klinikum Links der Weser gGmbH Klinik für Kardiologie u. Angiologie Senator-Weßling-Str. 1 28277 Bremen Herzzentrum Brandenburg in Bernau Herzchirurgie Ladeburger Str. 17 16321 Bernau Sana-Herzzentrum Cottbus GmbH Kardiologie Leipziger Str. 50 03048 Cottbus

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Publication (reference): A randomized, parallel group, double-blind study of ticagrelor compared with aspirin for prevention of vascular events in patients undergoing coronary artery bypass graft operation: Rationale and design of the Ticagrelor in CABG (TiCAB) trial: An Investigator-Initiated trial. Am Heart J. 2016 Sep;179:69-76. doi: 10.1016/j.ahj.2016.05.017. Epub 2016 Jun 18. de Waha A, Sandner S, von Scheidt M, Boening A, Koch-Buettner K, Hammel D, Hambrecht R, Danner BC, Schöndube FA, Goerlach G, Fischlein T, Schmoeckel M, Oberhoffer M, Schulz R, Walther T, Ziegelhöffer T, Knosalla C, Schönrath F, Beyersdorf F, Siepe M, Attmann T, Misfeld M, Mohr FW, Sievers HH, Joost A, Putman LM, Laufer G, Hamm C, Zeymer U, Kastrati A, Radke PW, Lange R, Cremer J, Schunkert H.		
Studied period (years) first patient in: April 24, 2013 last patient out: May 19, 2018	Phase of development: III	

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Objectives:

The primary objective of this study was to test the hypothesis that Ticagrelor is superior to Aspirin (ASA) for the prevention of major cardiovascular and cerebrovascular events (MACCE; cardiovascular death, myocardial infarction, recurrent revascularization or stroke) in patients undergoing coronary artery bypass graft operation (CABG).

The primary efficacy MACCE-endpoint is the composite of cardiovascular death, myocardial infarction, recurrent revascularization, and stroke at twelve month after coronary artery bypass operation.

Methodology:

This was a randomized, phase III, double-blind, parallel group, multicenter study comparing the efficacy and safety of Ticagrelor 90mg administered twice daily with Acetylsalicylic acid (ASA) 100mg administered once daily for the prevention of major cardiovascular events after CABG operation.

Number of patients (planned and analysed):

The following assumptions have been made in order to perform sample size calculation:

1. The event rate after CABG surgery in the patient cohort addressed is 12.4 % (Serruys P, SYNTAX study NEJM 2009).
2. For the purpose of this trial, an event rate of 13 % was assumed.
3. Based on an absolute 13 % event rate, the relative event rates by component were estimated to be: cardiac death 17 %, stroke 18 %, myocardial infarction 27 %, repeat revascularization 38 %.
4. A post-hoc analysis of the PLATO trial data suggests that Ticagrelor in addition to an Aspirin dose of 81 mg/day results in a relative risk reduction of 25 % in the primary endpoint as compared to Clopidogrel + Aspirin.
5. For the purpose of this trial, a 22.5 % relative risk reduction was assumed for the primary endpoint (odds ratio 0.775 in active group).

Based on an event rate of 13 % of the primary endpoint within the first twelve month after CABG operation in the control group, a two-sided α level of 0.0492 (to preserve the overall significance level of 0.05 after planned interims analysis), a power of 0.80, two-sided testing and an expected relative risk of 0.775 in the active group, a total of 3760 patients were required. With a drop- out rate of 2.0 % a total of 3850 patients were required to be randomized.

A planned interim analysis by the DSMB was carried out after about half of the intended number of patients was included. Shortly before this analysis the producer of ticagrelor had terminated the contract with the German Heart Centre resulting in a premature stop of external financial funding. There was no safety issue arising from the data analysis by the DSMB. However, based on the analysis of the data from the first 1800 patients the DSMB suggested stopping the recruitment early because of futility. The change in the financial support had further motivated this proposition. While the blinding of all investigators and the SC was maintained the SC followed the advice of the DSMB. The follow up all patients was continued until completion of study participation. Therefore, a total of 1893 patients was enrolled and all patients completed the study participation according to the protocol. The study was then stopped completely.

Diagnosis and main criteria for inclusion:

Male and female patients aged 18 years and over with coronary artery disease, undergoing coronary artery bypass operation.

Test product, dose and mode of administration, batch number:

Ticagrelor 90mg or placebo: tablet taken twice daily, oral administration

Batch numbers: FAAH, FAAM

Batch numbers placebo to Ticagrelor: 172-01, 173-01

Duration of treatment:

The duration of treatment for an individual patient was 12 months.

Reference therapy, dose and mode of administration, batch number:

Acetylsalicylic acid (ASA) 100mg or placebo: tablet taken once daily, oral administration

Batch numbers: CZ8132, DX2822

Batch numbers placebo to ASA: 08827G005

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Criteria for evaluation:

Primary Endpoints:

Composite of cardiovascular death, myocardial infarction, recurrent revascularization, and stroke at 12 months after coronary artery bypass operation

Secondary Endpoints:

1. Safety endpoint: The incidence of major bleeding at 12 months after coronary artery bypass operation (Class 4 or 5 periprocedurally respectively Class 3-5 after discharge as defined by the Bleeding Academic Research Consortium, see Appendix 1.).
2. Incidence of the individual components of the primary endpoint at 12 months after coronary artery bypass operation (cardiovascular death, myocardial infarction, recurrent revascularization, and stroke)

Statistical methods:

Categorical variables such as demographics and medical history data were summarized using frequencies and proportions and were compared using the Chi-square test or Fischer's exact test, as appropriate. Continuous data were summarized using mean \pm standard deviation or median (25th, 75th percentile) and were compared using either Student's t test or the nonparametric Wilcoxon rank sum test. Outcomes were compared between treatment and control groups by the use of Cox proportional hazards model effect after checking for fulfilment of the proportional hazard assumption. All analyses were performed according to a modified intention-to-treat principle with inclusion of all patients who were randomly assigned to one of the two study groups with the exception of those patients who withdrew their consent before undergoing CABG or did not undergo the planned surgery, and consequently, did not receive any study drug. The primary endpoint of the study was also analysed in various subgroups of interest (age, gender, diabetes, history of a percutaneous coronary intervention, number of arterial and venous bypass grafts) including those pre-specified as defined by stratification for acute coronary syndrome, after testing for interaction for the treatment effect. All statistical analyses were performed with the use of R v3.5.1 software.

Summary – Conclusions:

In this prematurely terminated trial, the use of ticagrelor as compared to aspirin in patients undergoing CABG did not significantly impact on the risk of major cardiovascular events nor major bleeding events.

Efficacy Results:

Twelve months after CABG, the primary endpoint occurred in 73 out of 928 patients (8.2%) in the aspirin group and in 86 out of 931 patients (9.7%) in the ticagrelor group (hazard ratio, 1.19; 95% confidence interval (CI) 0.87-1.62; P=0.28). All cause mortality (aspirin 2.6% vs ticagrelor 2.5%, hazard ratio 0.96, CI 0.53-1.72, P=0.89) and cardiovascular mortality (aspirin 1.4% vs ticagrelor 1.2%, hazard ratio 0.85, CI 0.38-1.89, P=0.68) were similar in both groups. No significant differences were observed regarding other individual components of the primary outcome.

Safety Results:

The incidence of major bleeding was not significantly different (aspirin 3.2% vs ticagrelor 3.7%, hazard ratio 1.17, CI 0.71-1.92, P=0.53).

Conclusion:

In conclusion, our trial involving patients undergoing coronary bypass surgery, ticagrelor-monotherapy was not found to be superior to aspirin-monotherapy in reducing the composite endpoint of cardiovascular death, myocardial infarction, repeat revascularisation, or stroke. Moreover, no difference was observed with respect to bleeding events.

Date, Signature:

22.11.2018


Prof. Dr. Heribert Schunkert
(Sponsor Representative)